

Doggerel of the Deep

Under the waves and surf be careful
How long you stay
As nitrogen builds up your brain
All your senses may go to disarray
Disorientated, up from down, forgetting you need to breathe
A proffered air piece to passing fish is not the
Way to succeed
As evil nitrogen gets pressured into liquid
And seeps into your blood
Stiff sore joints from tiny bubbles is what you'll get above
Ascending slowly is the key to avoiding all these troubles
Give the dissolved nitrogen time to escape from becoming little bubbles
And when you're rising calmly, towards the salty breeze
Please breathe out and expel the gas that's compressed
beneath the seas
If upon your arrival to dry land, you're feeling somewhat strange
Demand a hyperbaric chamber to repressurize your addled brain
Alas, I try not to deter you from scuba below the depths
Just remember when you're finished to surface slow, in steps!

Lung Limerick

There was a man who spent his days underneath the sea
Pressure increased all around him giving his ears the squeeze
Nitrogen accumulated alarmingly in this brain
After swimming up too quick, he never seemed the same
Although I suppose a burst lung would've done the same to me

Anonymous